Test positive for COVID-19?
Quarantining after COVID-19 exposure?
Support is Available

Care Connect Washington provides food and other necessities to people who have either tested positive for COVID-19 or been exposed and need support to isolate or quarantine at home.

If you tested positive for COVID-19 at a testing facility:
- Call or text the program hotline, 1-833-453-0336, Monday to Friday, 9 a.m. – 7 p.m. and Saturday 9 a.m. – 1 p.m. Language assistance is available.

If you tested positive with an at-home self-test **OR** have been exposed to COVID-19:
- Call the Washington State Department of Health before receiving Care Connect services.
- Call 1-800-525-0127 and press #, Monday, 6 a.m. – 10 p.m, Tuesday to Sunday, 6 a.m. – 6 p.m. Language assistance is available.

Care Connect workers can also provide referrals to additional services. For more information:
doh.wa.gov/emergencies/covid-19/care-connect-washington

Additional Resources

- Isolation and Quarantine Centers: King County operated motels offer people with COVID-19 a place to stay if they cannot quarantine or recover in their own home, or do not have a home. Call the King County COVID-19 Call Center at 206-477-3977, 8 a.m. – 10 p.m. daily to learn more. Language assistance is available.

- Health insurance and essential services: Free and low-cost health insurance and many essential services including food and energy assistance. Visit kingcounty.gov/outreach and scroll to bottom of page for Access and Outreach team phone contacts (in multiple languages).

- Resources for undocumented residents: Local, state and federal programs and resources are available for undocumented residents living in King County. Visit kingcounty.gov/outreach/resources for more information.

- Emotional Support and Mental Health: Tools and resources to support your emotional health can be found at kingcounty.gov/covid/support.

- Other community resources: 2-1-1 helps connect you to community resources statewide. Dial the number 2-1-1 or visit wa211.org (select language in drop-down menu at top of page).

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Public Health
Seattle & King County