|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  | | --- | | Southeast Youth & Family Services logo  **Strong Connections-Powerful Futures**  *A program focused on middle school & high school aged youth and their parents or caregivers: strengthening connections through activities, family dinners, and workshops. A program supported by Best Starts for Kids.* | | available january 2023 - December 2024 Youth & Family Workshops Join other caregivers and kids from our community on Zoom to talk about the challenges of parenting and communicating positively during these stressful times. Southeast Youth and Family Services’ workshops give youth and families an opportunity to talk openly and honestly about feelings and emotions in a safe and supportive environment.  **Family Dinners**  Dinners will allow some deeper dives into discussion topics (such as navigating the cultural divide between refugee parents and 1st generation children) and give the opportunity to foster greater connections between and among youth and parents/guardians.  **Pottery with Fayezart**  Family connections fostered through art! Youth and parents/caregivers will participate in six classes with a local artist. You will learn some techniques and have a chance to make and take home your own creations!  **Parent Classes**  Family Connectors University is a 2 credit course through our partnership with North Seattle College. During this ten-week course, families gain knowledge and skills to support children’s academic success in the Seattle Public School system. Translation provided in Somali, Amharic and Chinese. | |  | |  | |  | | --- | | ACTIVITIES, DINNERS& WOrkshops(FREE OF COST!)Middle & High Schoolers and Parentsking county familiesFor more info & to enroll, contact: counseling@seyfs.orgDays and times scheduled based on families’ availability rtr | |  | | Southeast youth & Family Services 3722 S. Hudson St. Seattle, WA. 98118  https://seyfs.org/  Follow us on Facebook for updates! | |